

TOUR 2024

LARES BY HORSE

## ABOVE THE SACRED VALLEY BY HORSE

Enjoy our special package, ensuring the most spectacular journey by horseback high in the Andean mountans, close to Cusco, Peru.

### 4 day 3 night inclusive package

- Starting from our ranch in Urubamba, in the Sacred Valley of the Incas, we will ride for 4 days to reach Lares natural hotsprings, high in the Andes.
- Riding 5-7 hours a day, we will enjoy stays in cozy lodges and locally flavoured meals.
- We will visit the ancient town of Ollantaytambo, the archaeological sites of Chocana, and Pumamarka, the lake and the high pass at Ipsay and arrive to relax in the hotpsrings before returning back to the Valley.
- Our steady, smooth gaited Peruvian Paso horses will take care of you on the rugged terrain.

### to reserve

ccommunicate with Kyd Campbell from Frontierlab Horseback Riding. To secure your booking we require at least 60 days advance notice,



### included

- Transport from your hotel to the ranch in Urubamba.
- Return transport to your hotel after the trip.
- All meals from Lunch on day 1 to Lunch on Day 4.
- 3 nights in rustic mountain lodges
- Entrance tickets to the archaeological sites and hotsprings.
- Profesional tour guide in your native language.
- Full team of wranglers and assistants

### not included

• tips

- personal purchases, souvenirs
- alcoholic beverages

cost per person: (min. 2\*)

- 2 riders-2160\$US
- 3-4 riders-1975\$US
- 5 or more riders-1830\$US

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### HORSEBACK RIDING / CABALGATAS

### CONTACT

Kyd Campbell - Frontierlab Ganadería E.I.R.L. Urubamba, Cusco, Peru t.+51 984 009 621 kyd@frontierlab.org / www.frontierlab.org

### LARES VALLEY 4 DAY HORSEBACK EXPEDITION

### Lares, Cusco, Peru, 4 days, 3 nights

This is the best way to immerse yourself in authentic Andean culture and landscape, by horseback. We will start our journey in the town of Urubamba in the Sacred Valley of the Inkas before setting off for 4 full days of highland horseback riding along epic and little-known sections of the Inka Trail to ultimately reach the natural Hotsprings at Lares.

### Itinerary AT A GLANCE

- Day 1 Ride from Urubamba to Ollantaytambo.
  Overnight: Las Qolqas Ecolodge (Alt.: 2,600 m. / 11,880 ft.)
- Day 2 Ride from Pumamarka to Patacancha Village.
  Overnight: Patacancha Lodge (Alt.: 3,800 m. / 12,540 ft.)
  - Day 3 Ride from Patacancha to Huacahuasi
    Overnight: Refugio Huacahuasi (Alt: 3,770 m. / 12,441 ft.)
  - Day 4 Ride from Huacahuasi to Lares Hot Springs and return by van Overnight: Your Hotel

### What is Included:

- Orientation prior to departure date
- Service of English/French/Spanish & Quechua speaking tour leaders
- Service of gaited Peruvian Paso Horses and Saddle Mules
- 2 Nights accommodation in Family run Lodges , 1 night in Ecolodge
- 10 Gourmet Andean cuisine meals: 3B / 4L / 3D
- Entrance to Lares Hotsprings and Pumahuanca site
- Private van transfer to Cusco or Sacred Valley after the ride
- Drinking water supply during the trek
- 01 double saddle bag per person for personal luggage
- Local family chefs, local and natural ingredients for meals
- 4X4 van transporting luuggage and logistics
- Workshop about Andean textiles
- First aid kit
- Sanitary care (Disinfected dishes, safe filtered water, etc.).
- Environmental care (We operate without single use plastics. All waste is removed from the mountain and disposed of properly)

### What is not included:

- International and domestic flights
- Tips, souvenir and personal purchases
- Day 1: Breakfast, Day 4: Dinner
- Extra services not mentioned in the program
- Alcoholic beverages







### FRONTIERLAB HORSEBACK RIDING / CABALGATAS

### **Detailed Itinerary**

The high Andean region of Lares, Cusco, Peru has changed little over the past 500 years. As true explorers looking for 'off-the-beaten-track' experiences you will love travelling along this section of the Inka Trail that takes us through the Lares Valley. This pre-hispanic trail connects the Sacred Valley of the Inkas to the Amazon jungle.

Our operation prioritizes community-based tourism, where local families directly benefit from sharing their culture. Along this unique route we stay in family-run lodges, enjoying the most intimate connection with Andean culture. In the villages of Huacahuasi and Patacancha we have partnered directly with local families to build the lodges, rustic but comfortable lodges which are the perfect cozy homes, out in the epic landscape. These lodges provide extra comforts such as private bathrooms, improved hot showers and hotel quality beds. In the other villages we have partnered with community organizations, offering training and facility improvements to establish more basic but still comfortable lodging. This important initiative allows local families to remain together in their villages, receiving visitors and sharing their culture. Without initiative such as these in our modern times, many villagers have to leave their homes to find work or do not enjoy any benefits from the tourism in the area. Our lodge project promotes equality in tourism and provides the best opportunity for authentic experiences and holistic cultural exchanges. We work entirely without single use plastics and take great care for ecological concerns. We pack the minimal waste produced on our expedition out of the area, disposing of it correctly.

The peoples of the Lares Valley are known for maintaining ancient culture details and their extremely fine traditional textile work. Our surefooted gaited Peruvian Paso horses and Andean Saddle mules will take us along one of the most authentic and remote parts of the ancient Inka Trail. Peruvian Paso horses are considered to be the smoothest ride in the world and our mules are also gaited and comfortable. We use comfortable and padded 'western' style saddles, fitted specially for each animal.

Throughout the tour we will enjoy meals prepared with fresh ingredients from the Sacred Valley, modern gastronomical creations with traditional Andean flavours and lots of Peruvian native superfoods. Peru is famous for being the #1 gastronomical destination in the world and enjoying a fresh and healthy diet is the best way to avoid any discomfort while spending time at high altitude.

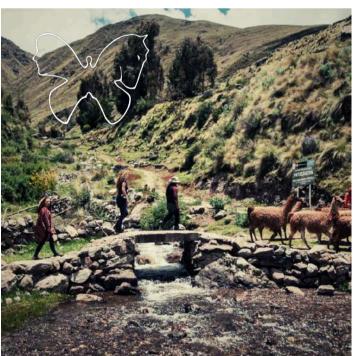
Our expert guide team includes horsewoman and explorer Kyd Campbell(WFR), born in Canada and exploring for over 7 years in the Peruvian highlands, her team of amazing horses and mules and native Quechua-speaking mountain guide Paola Miyahira Paredes Quispe. Our attentive team of professionally trained guides and wranglers are certified in Wilderness Advanced First Aid and our program is especially designed to allow for the best adaptation to the climate, geology and altitude.

Each day offers the authentic experience of high Andean life. In the villages you will see hand-tool farming, livestock including guinea pigs and llamas, eat meals made with freshly harvested produce and discover how intertwined the textile art is with everyday life. The Lares Valley is one the the last regions in the Andes where both women and men still wear their exquisite traditional clothing.

The route is spectacular and exciting from start to finish.







### DAY 1 – Urubamba to Ollantaytambo

We will begin our journey at 9am, at Frontierlab Ranch, Urubamba, Sacred Valley of the Inkas. Riding along the Willcamayu riverside, we will take in stunning views of the Sacred Valley. We will visit the artistic mural project in the small village of Pachar. Our stop for a gourmet picnic lunch is always a favourite. After lunch we will carry on into the well preserved Incan village of Ollantaytambo to reach our ecolodge destination, Las Qolqas Eco Resort. After a break to freshen up we will travel together down to visit the village of Ollantaytambo and enjoy a dinner of native Cusqueñan street foods at the Alqa Museum of Popular Andean Culture restaurant. You may wish to enjoy optional spa services at the hotel after dinner.

#### Trekking details:

Difficulty: Moderate Highest Point: 3,920 m. – 12,606 ft. Total distance: 28 km. / 17.4 mi. – 7 hrs. Approx. Overnight: Las Qolqas Eco Resort (Altitude: 3,600 m. – 11,880 ft.)

### DAY 2 - Pumamarka to Patacancha

After breakfast, we will ride up to visit the Inkan outpost at Pumamarka, with its incredible lookout. Then we will enjoy an early lunch of a traditional chicken soup at the family home of Felicitas Maywa Solis. Departing through the fields of Pallata and Huilloc villages, we will ride along a prehispanic road to the village of Patacancha, a native Andean community which maintains a lifestyle said to be "as close to that of the Inkas" as still exists in the Sacred Valley. The village has worked in community-based tourism for over 10 years and offer excellent workshops on their local culture. This night we will stay in the family run lodge. The rustic lodge offers extra comforts while maintaining the authenticity of mountain family life. This project has given the Quispe Huaman family in Patacancha the opportunity to create their own hospitality business. The upgraded lodge boasts hot showers, private bathrooms and down comforters.

#### Trekking details:

Difficulty: Moderate Highest Point: 3,920 m. – 12,606 ft. Total distance: 15 km. / 9.3 mi. – 7 hrs. Approx. Overnight: Patakancha Lodge (Altitude: 3,800 m. – 12,540 ft.)

### DAY 3- Patacancha to Huacahuasi by Horse

After breakfast we will learn about fine Andean weaving with the women of the Quispe Huaman family and the brothers will teach us how to weave a thatched straw roof. At 10am we will set off riding and we will cross the high pass and ride past snow-capped mountains and tranquil lakes, directing our horses towards the tiny highland communities of Chalwaycocha and Ipsaycocha(4450m.) to have lunch overlooking the lake, with the villagers. Following lunch we will drop down a steep trail to the small town of Huacahuasi, whose main sustenance is potato farming and alpaca husbandry. We will rest at our second comfortable lodge with the Aquilino and Valeria's family. We will enjoy dinner full of Andean flavour.

### Trekking details:

Difficulty: Moderate to strenuous Highest point: 4,420m. – 14,586 ft. Total distance: 13 km. - 8.1 mi. / 7 hr. Approx. Overnight: Huacahuasi Lodge (Alt

(Altitude: 3,770 m. – 12,441 ft.)





### DAY 4 – Huacahuasi to Lares Hotsprings by Horse

On the final day of riding we will start our decent t 9am down to Lares Hotsprings. We'll ride through the stone villages, and follow the Incan trail along the river. We will have lunch in a family home in the community of Tamboaylla. After lunch we ride right to the famous, natural baths of Lares Hotprings. Make sure to bring your bathing suit! We will enjoy lots of time for a relaxing soak. In Lares we will say farewell to our noble horses. Our driver will pick us up after we enjoy the hotsprings, to drive down the spectacular valley to return to your hotel or carry on to Ollantaytambo if you choose to visit Machu Picchu the following day.

### Trekking details:

Difficulty: Moderate Highest point: 3,770 m. – 12,441 ft. Total riding distance: 10 km. /6.2 mi. – 5 hrs. Approx. Overnight: Your Hotel

### Prices <u>per person</u>: 4D/3N Horseback Expedition

2 riders - 2160\$US 3-4 riders - 1975\$US 5 or more riders - 1830\$US

### **Booking Conditions:**

All payments are non refundable from the time paid. All reservations are made with a non-refundable 50% deposit. 50% of the remaining payment and confirmation of group numbers must be made 30 days before the journey with changes to group size still possible. Additional participants may be added after this date subject to availability. If you require tickets to Machu Picchu all reservations must be made MINIMUM 90 DAYS in advance of the tour to ensure availability, otherwise this option is subject to availability.

Each participant will sign a responsibility waiver and a statement that states they do not have symptoms of COVID19. The most current COVID19 and other safety protocols will be followed throughout the journey. We provide riding safety helmets and strongly suggest that clients wear them at all times while riding. We provide a suggested packing list and travel advice befre your departure.

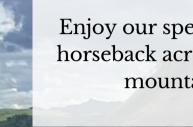
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TOUR 2024

## THE SACREDLAKES BYHORSE



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Enjoy our special package, an epic journey by horseback across the plains and in the Andean mountains, close to Cusco, Peru.

### 4 day 3 night inclusive package

- Starting from our ranch in Urubamba, in the Sacred Valley of the Incas, we will ride for 4 days past 4 sacred lakes, high in the Andes.
- Riding 4-7 hours a day, we will enjoy stays in cozy lodges and locally flavoured meals.
- We will visit the the archaeological sites of Maras Salt Flats and Huchuy Qosqo, Huaypo, Piuray, and the Qoricocha lakes, a 4410m high pass, enjoy a Pachamanca traditional meal and an Andean textile workshop before descending back to the Sacred Valley.
- Our steady, smooth gaited Peruvian Paso horses will take care of you on the rugged terrain.

### to reserve

Communicate with Kyd Campbell from Frontierlab Horseback Riding.



### included

- Transport from your hotel to the ranch in Urubamba.
- Return transport to your hotel after the trip.
- All meals from Lunch on day 1 to Lunch on Day 4.
- 3 nights in rustic mountain lodges
- Entrance tickets to the archaeological sites and workshops
- Profesional tour guide in your native language.
- Full team of wranglers and assistants

### not included

- tips
- personal purchases, souvenirs
- alcoholic beverages

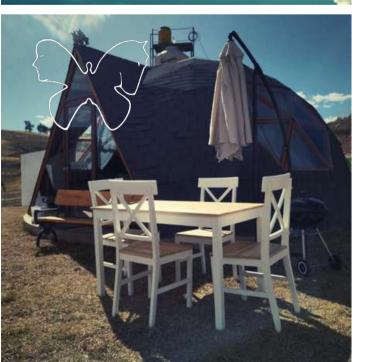
cost per person: (min. 2\*)

- 2 riders 1875\$US
- 3-4 riders- 1625\$US
- 5 or more riders-1480\$US

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### HORSEBACK RIDING / CABALGATAS

### CONTACT

Kyd Campbell, Urubamba, Cusco, Peru t.+51 984 009 621 kyd@frontierlab.org / www.frontierlab.org

### SACRED LAKES RIDE: 4 DAY, 3 NIGHT HORSEBACK RIDE

This is the best way to immerse yourself in authentic Andean culture and landscape, by horseback. We will start our journey in the town of Urubamba in the Sacred Valley of the Inkas before setting off for 4 full days of highland horseback riding along epic and little-known sections of the Inka Trail, with panoramic glacier views, 4 Andean lakes, and cultural encounters.

### Itinerary AT A GLANCE

- March 14 Day 1 Ride from Urubamba to Huaypo Lake.
  Overnight: Astral domes (Alt.: 3,650 m. / 11,800 ft.)
- March 15 Day 2 Ride from Huaypo Lake to Taucca, Chinchero.
  Overnight: Community of Taucca (Alt.: 3,762 m. / 12,343 ft.)
- March 16 Day 3 Ride from Piuray Lake to Huchuy Qosqo
  Overnight: Huchuy Qosqo lodge (Alt: 3,650 m. / 11,800 ft.)
- March 17 Day 4 Ride from Huchuy Qosqo to Calca > Urubamba Overnight: Sacred Valley B&B\* (Alt: 2,870 m. /11,120 ft.)

\*Additional nights at Sacred Valley B&B, before and after the ride, 75\$us, double occupancy.

### What is Included:

- Orientation prior to departure date
- Service of English/French/Spanish & Quechua speaking tour leaders
- Service of gaited Peruvian Paso Horses and Saddle Mules
- 1 Nights accommodation in guesthouse, 1 night in B&B, 1 night in community run lodge in guesthouse, 1 night in B&B, 1 night in community run lodge
- 10 Gourmet Andean cuisine meals: 3B / 4L / 3D
- Entrance to Huchuy Qosco site and Maras Salt Flats
- Private vehicle transfer from Cusco <> Sacred Valley before and after the ride
- Drinking water supply and snacks during the trek
- 01 double saddle bag per person for personal luggage
- 4X4 transporting luggage and logistics team
- Paddleboard or kayak at Huaypo Lake
- First aid kit and WFR trained team
- Sanitary care (Disinfected dishes, safe filtered water, etc.).
- Environmental care (We operate without single use plastics. All waste is removed from the mountain and disposed of properly)

### What is not included:

- International and domestic flights
- Tips, souvenir and personal purchases
- Day 1: Breakfast, Day 4: Dinner, alcoholic beverage
- Extra services not mentioned in the program







### FRONTIERLAB HORSEBACK RIDING / CABALGATAS

### **Detailed Itinerary**

The high Andean region of Maras, Cusco, Peru has changed little over the past 500 years. As true explorers looking for 'off-the-beaten-track' experiences you will love travelling along these sections of the Inka Trail that takes us the lakes that provide water to the Sacred Valley. This pre-hispanic trail connects the city Cusco to the Sacred Valley of the Inkas.

Our operation prioritizes community-based tourism, where local families directly benefit from sharing their culture. Along this unique route we will stay in familyrun lodges, enjoying the most intimate connection with Andean culture. They are perfect cozy homes, out in the epic landscape. These lodges provide extra comforts such as private bathrooms, improved hot showers and comfortable quality beds. This important initiative allows local families to remain together in their villages, receiving visitors and sharing their culture. Without initiative such as these in our modern times, many villagers have to leave their homes to find work or do not enjoy any benefits from the tourism in the area. Our lodge project promotes equality in tourism and provides the best opportunity for authentic experiences and holistic cultural exchanges. We work entirely without single use plastics and take great care for ecological concerns. We pack the minimal waste produced on our expedition out of the area, disposing of it correctly.

The peoples of Cusco are known for maintaining ancient culture details such as their extremely fine traditional textile work. Our surefooted gaited Peruvian Paso horses and Andean Saddle mules will take us along one of the most authentic and remote parts of the ancient Inka Trail. Peruvian Paso horses are considered to be the smoothest ride in the world and our mules are also gaited and comfortable. We use comfortable and padded 'western' style saddles, fitted specially for each animal.

Throughout the tour we will enjoy meals prepared with fresh ingredients from the region, modern gastronomical creations with traditional Andean flavours and lots of Peruvian native superfoods. Peru is famous for being the #1 gastronomical destination in the world and enjoying a fresh and healthy diet is the best way to avoid any discomfort while spending time at high altitude.

Our expert guide team includes horsewoman and explorer Kyd Campbell(WFR), born in Canada and exploring for over 7 years in the Peruvian highlands, her team of amazing horses and mules and native Quechua-speaking wrangler Nilo Contreras. Alberto Toledo from the Ayacucho region manages the logistics. Our attentive team of professionally trained guides and wranglers are certified in Wilderness Advanced First Aid and our program is especially designed to allow for the best adaptation to the climate, geology and altitude.

Each day offers the authentic experience of high Andean life. In the villages you will see hand-tool farming, livestock including guinea pigs and alpaca, eat meals made with freshly harvested produce and discover how intertwined the textile art is with everyday life. Maras and CHinchero regions Are the watershed for the area, You will enjoy the gorgeous lakes and glacier views.

The route is spectacular and exciting from start to finish.







### HORSEBACK RIDING / CABALGATAS

### DAY 1 – Urubamba to Huaypo Lake

We will begin our journey at 9am, at Frontierlab Ranch, Urubamba, Sacred Valley of the Inkas. Riding along the Willcamayu riverside, we will take in stunning views of the Sacred Valley. On the first day of riding we will follow the Urubamba river and after an hour ascend up from the Sacred Valley of the Inkas(2885m.), we will pass through the Pichingoto canyon and up to Maras Salt Flats. We will visit the amazing, pre-Inkan salt production, still in operation today. After enjoying lunch in the village of Maras we will carry on across the vast plains of Maras, enjoying panoramic views of the glaciers, arriving to Huaypo andean lake to spend the night in beautiful mountain lodgings.

### Trekking details:

Difficulty: Moderate Highest Point: 3,920 m. – 12,606 ft. Total riding distance: 22 km. 6.5 hrs. Approx. Overnight: Sacred Valley guesthouse (Altitude: 3,650 m. – 11,950 ft.)

### DAY 2 – Huaypo Lake to Taucca, Chinchero

We will enjoy the lake early in the morning! At a secret "huarique", a hidden lakeside hangout, we will have an epic fish brunch and have the opportunity to kayak or paddle board on the mirror like lake, considered Sacred in the region as it provides water to the vast farming planes all around. Departing after brunch through the quilt like fields, we will ride along a prehispanic trail to Piuray Lake. We will ride around the large Piuray lake, all the time with epic views of the Apus (mountains Veronica, Chicon and Salkantay. Piuray is one of the most important water sources in the entire Cusco region, supplying over 42% of the city's drinking water. Legend has it that the two lakes, Piuray and Huaypo, are the spirits of the children of Inti, the Inkan sun god. In the evening we will reach the small village of Taucca, Chinchero, famous for its gorgeous textiles. This night we will stay in local homestays from the local weavers collective. The rustic homes offer us the opportunity to really experience authenticity of Andean mountain family life.

### Trekking details:

Difficulty: Moderate Highest Point: 3,762 m. – 12,343 ft. Total riding distance: 12 km. – 4 hrs. Approx. Overnight: Taucca Homestays, Chinchero (Altitude: 3,800 m. – 12,540 ft.)

### DAY 3- Piuray Lake to Huchuy Qosqo

After breakfast we will take part in a textile workshop with the local weaving collective and cook our our ceremonial "Pachamanca" lunch, cooked underground with hot stones. Following lunch we will go over the Piuray high pass, enjoying epic views of the natural 'andes" terrace formations, glistening lakes and then drop down a steep trail towards the ancient Incan fortress of Huchuy Qosqo, which means, "little Cusco". You will be surprised by the totally hidden extensive site, perched over cliffs above the Sacred Valley. We will rest at our second comfortable lodge with the community members in the tiny village beside the site. We will enjoy dinner full of Andean flavour.

### Trekking details:

Difficulty: Moderate to strenuous Highest point: 4,4100m. – 14,468 ft. Total riding distance: 9 km. - 6 mi. / 7 hr. Approx. Overnight: Huchuy Qosqo Community Lodge (Altitude: 3900 m. – 12,795 ft.)





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### DAY 4 – Huchuy Qosqo to the Sacred Valley

Waking up in the community, we will have some time to explore the hidden Incan fortress of Huchuy Qosqo, "little Cusco" with our guides. Huchuy Qosqo, or Little Cusco, from the Incan period. Inhabited somewhere around 1400 AD, Huchuy Qosqo was built by and the favorite place to live for the eighth Inca King Wiracoca (1410–1438) and his Royal Family.

After the Hispanic conquest, Manco Inca, the rebel king, used this citadel in 1533 to move his army from Cusco to the Sacred Valley and later retreat to Vilcabamba. Around 1534, the conquistador Gonzalo Pizarro ransacked Huchuy Qosqo and burned the mummies of Viracocha. The site was first excavated in the early 20th century and has since been restored. The site's main features include a series of temples, plazas, and storage buildings. Only recently, in 2003 the site was declared important national heritage.

On this final day of riding we will start our decent at 11am down to the Sacred Valley. We'll ride through the canyon, and follow the Incan trail along the river. We will have lunch in the Sacred Valley, then carry on along the riverside to meet our transport near the town of Urquillos to return to the ranch and Valley B&B.

#### Trekking details:

Difficulty: Moderate Highest point: 3,770 m. – 12,441 ft. Total riding distance: 24 km. /15 mi. – 3 hrs. Approx. Overnight: Your Hotel

> Prices per person: 4D/3N Horseback Expedition

> > 2 riders - 1875\$US 3-4 riders - 1625\$US 5 or more riders - 1480\$US

### **Booking Conditions**:

All payments are non refundable from the time paid. All reservations are made with a non-refundable 50% deposit. 50% of the remaining payment and confirmation of group numbers must be made 30 days before the journey with changes to group size still possible. Additional participants may be added after this date subject to availability. If you require tickets to Machu Picchu all reservations must be made MINIMUM 90 DAYS in advance of the tour to ensure availability, otherwise this option is subject to availability.

Each participant will sign a responsibility waiver and a statement that states they do not have symptoms of COVID19. The most current COVID19 and other safety protocols will be followed throughout the journey. We provide riding safety helmets and strongly suggest that clients wear them at all times while riding. We provide a suggested packing list and travel advice befre your departure.